

2024 NWC Conference Championship - - Feb 8 - 11  
Weyerhaeuser King County Aquatic Center, Federal Way, WA  
Results - Thursday, Finals

| Event 1 Men 200 Yard Medley Relay |                         |       |                         |             |    |
|-----------------------------------|-------------------------|-------|-------------------------|-------------|----|
| Team                              |                         | Relay |                         | Finals Time |    |
| 1                                 | UPS                     |       |                         | 1:32.79     | 40 |
|                                   | 1) Will Cabana FR       |       | 2) Lance Mielke JR      |             |    |
|                                   | 3) Cam Aaselund FR      |       | 4) Emory Burden FR      |             |    |
|                                   | 24.03                   | 25.71 | 22.68                   | 20.37       |    |
| 2                                 | WHTW                    |       |                         | 1:32.97     | 34 |
|                                   | 1) Kai Hayashida FR     |       | 2) Alex Popov FR        |             |    |
|                                   | 3) Henry Brewster FR    |       | 4) Parker Dangleis FR   |             |    |
|                                   | 24.31                   | 25.94 | 22.12                   | 20.60       |    |
| 3                                 | LIN                     |       |                         | 1:33.81     | 32 |
|                                   | 1) Edan Donaldson SR    |       | 2) Ivan Tontchev FR     |             |    |
|                                   | 3) Rocco Velie SO       |       | 4) Daniel Olson SR      |             |    |
|                                   | 23.21                   | 26.37 | 23.07                   | 21.16       |    |
| 4                                 | WTMN                    |       |                         | 1:34.85     | 30 |
|                                   | 1) Collen Lokan FR      |       | 2) Andrew Hanson SR     |             |    |
|                                   | 3) Ian McClelland SO    |       | 4) Keenan Tiddle JR     |             |    |
|                                   | 25.84                   | 25.38 | 22.49                   | 21.14       |    |
| 5                                 | PLU                     |       |                         | 1:36.22     | 28 |
|                                   | 1) Na'inoa Loo SR       |       | 2) Tyler Tanaka SO      |             |    |
|                                   | 3) Hoskoo Amgalan FR    |       | 4) Devin Stanley SR     |             |    |
|                                   | 25.33                   | 26.32 | 23.72                   | 20.85       |    |
| 6                                 | WU                      |       |                         | 1:36.25     | 26 |
|                                   | 1) Will LaDuca SO       |       | 2) Logan Copeland SR    |             |    |
|                                   | 3) Cole Lindberg JR     |       | 4) Julius Wilhelmi SR   |             |    |
|                                   | 26.52                   | 26.70 | 22.10                   | 20.93       |    |
| 7                                 | GFU                     |       |                         | 1:36.48     | 24 |
|                                   | 1) Aries Valenzuela JR  |       | 2) Levi Gibson SR       |             |    |
|                                   | 3) Kaden Oprea FR       |       | 4) Cameron Alexander SO |             |    |
|                                   | 24.90                   | 26.04 | 24.09                   | 21.45       |    |
| 8                                 | L&C                     |       |                         | 1:38.45     | 22 |
|                                   | 1) Ian Holmberg JR      |       | 2) Jon Westlake SO      |             |    |
|                                   | 3) Micah Rysavy JR      |       | 4) Zachary Martin SO    |             |    |
|                                   | 26.82                   | 27.21 | 22.85                   | 21.57       |    |
| 9                                 | PACI                    |       |                         | 1:55.84     | 18 |
|                                   | 1) Conner Gates GS      |       | 2) Warrick Bottai FR    |             |    |
|                                   | 3) Capone Delgadillo FR |       | 4) Vinh Pham SR         |             |    |
|                                   | 29.79                   | 32.44 | 26.13                   | 27.48       |    |

| Event 2 Women 200 Yard Medley Relay |                         |       |                            |             |    |
|-------------------------------------|-------------------------|-------|----------------------------|-------------|----|
| Team                                |                         | Relay |                            | Finals Time |    |
| 1                                   | LIN                     |       |                            | 1:47.92     | 40 |
|                                     | 1) Avery Campbell JR    |       | 2) Whitney Averill SR      |             |    |
|                                     | 3) Sarah Arpag SO       |       | 4) Kalea Mullins JR        |             |    |
|                                     | 26.78                   | 30.80 | 25.54                      | 24.80       |    |
| 2                                   | PLU                     |       |                            | 1:48.06     | 34 |
|                                     | 1) Annika Eisele SR     |       | 2) Makenzie Chan-Orcutt SR |             |    |
|                                     | 3) Jessica Ordaz SR     |       | 4) Sidney Chan-Orcutt SR   |             |    |
|                                     | 27.23                   | 30.52 | 25.44                      | 24.87       |    |
| 3                                   | UPS                     |       |                            | 1:48.75     | 32 |
|                                     | 1) Amy Madsen SO        |       | 2) Elinor Glass SR         |             |    |
|                                     | 3) Madeleine Brennan SO |       | 4) Holly Zipay SO          |             |    |
|                                     | 28.26                   | 29.33 | 25.77                      | 25.39       |    |
| 4                                   | WTMN                    |       |                            | 1:49.21     | 30 |
|                                     | 1) Olivia Briggs SO     |       | 2) Erin McKinney SR        |             |    |
|                                     | 3) Holly Hermanson SR   |       | 4) Shaye Agnew JR          |             |    |
|                                     | 28.62                   | 30.40 | 26.40                      | 23.79       |    |

|     |                         |       |                         |         |    |
|-----|-------------------------|-------|-------------------------|---------|----|
| 5   | WU                      |       |                         | 1:50.52 | 28 |
|     | 1) Leah Howell FR       |       | 2) Anna Hornbeck JR     |         |    |
|     | 3) Tessa Ciatti FR      |       | 4) Alayna Kisiday JR    |         |    |
|     | 28.33                   | 30.76 | 26.67                   | 24.76   |    |
| 6   | GFU                     |       |                         | 1:52.51 | 26 |
|     | 1) Jesse Urback FR      |       | 2) Riley Parker FR      |         |    |
|     | 3) Britney Muralt SR    |       | 4) Mia Smith SO         |         |    |
|     | 30.50                   | 29.61 | 27.08                   | 25.32   |    |
| 7   | L&C                     |       |                         | 1:53.14 | 24 |
|     | 1) Jane Tewinkel SO     |       | 2) Kate Milne SR        |         |    |
|     | 3) Aniqah Gaffoor SO    |       | 4) Elise Barton SO      |         |    |
|     | 29.33                   | 32.32 | 26.51                   | 24.98   |    |
| 8   | PACI                    |       |                         | 1:55.82 | 22 |
|     | 1) Anne-marie Jacobs JR |       | 2) Kenzie Brennan SO    |         |    |
|     | 3) Alex Moehnke JR      |       | 4) Jaz Capron-Graves SO |         |    |
|     | 30.14                   | 32.39 | 27.47                   | 25.82   |    |
| --- | WHTW                    |       |                         |         | DQ |
|     | 1) Sarah Doncevic SR    |       | 2) Isabella Hoopes FR   |         |    |
|     | 3) Maria Girbacea FR    |       | 4) Jillian Larrabee SR  |         |    |
|     | 28.81                   | 29.61 | 26.10                   | 23.91   |    |

| Event 3 Men 800 Yard Freestyle Relay |                         |       |                          |             |    |
|--------------------------------------|-------------------------|-------|--------------------------|-------------|----|
| Team                                 |                         | Relay |                          | Finals Time |    |
| 1                                    | WHTW                    |       |                          | 6:50.29     | 40 |
|                                      | 1) Zachary Washburn JR  |       | 2) Kai Hayashida FR      |             |    |
|                                      | 3) Parker Dangleis FR   |       | 4) Carl McNabb SO        |             |    |
|                                      | 22.01                   | 46.46 | 1:12.18                  | 1:38.70     |    |
|                                      | 23.61                   | 49.92 | 1:16.98                  | 1:44.36     |    |
|                                      | 22.91                   | 48.83 | 1:15.95                  | 1:43.15     |    |
|                                      | 23.49                   | 49.36 | 1:16.28                  | 1:44.08     |    |
| 2                                    | WTMN                    |       |                          | 6:52.52     | 34 |
|                                      | 1) John Leeds JR        |       | 2) Brodie Salzbrenner FR |             |    |
|                                      | 3) Andrew Hanson SR     |       | 4) Andrew Kim JR         |             |    |
|                                      | 23.45                   | 48.72 | 1:14.97                  | 1:42.05     |    |
|                                      | 23.71                   | 50.72 | 1:16.91                  | 1:43.15     |    |
|                                      | 23.69                   | 49.94 | 1:16.49                  | 1:43.19     |    |
|                                      | 23.02                   | 49.11 | 1:16.56                  | 1:44.13     |    |
| 3                                    | LIN                     |       |                          | 6:56.11     | 32 |
|                                      | 1) Edan Donaldson SR    |       | 2) Rocco Velie SO        |             |    |
|                                      | 3) Cameron Wheeler SR   |       | 4) Carson Washburn SO    |             |    |
|                                      | 22.94                   | 48.14 | 1:14.65                  | 1:42.25     |    |
|                                      | 24.09                   | 50.04 | 1:16.93                  | 1:43.67     |    |
|                                      | 24.57                   | 50.93 | 1:17.83                  | 1:46.17     |    |
|                                      | 23.56                   | 50.20 | 1:17.88                  | 1:44.02     |    |
| 4                                    | UPS                     |       |                          | 6:57.04     | 30 |
|                                      | 1) Ethan Schwartz SR    |       | 2) Jaden Francis JR      |             |    |
|                                      | 3) Joshua Cunningham JR |       | 4) Lance Mielke JR       |             |    |
|                                      | 23.31                   | 48.61 | 1:15.02                  | 1:41.82     |    |
|                                      | 23.74                   | 49.83 | 1:17.15                  | 1:45.23     |    |
|                                      | 22.76                   | 48.72 | 1:16.37                  | 1:44.62     |    |
|                                      | 24.62                   | 51.51 | 1:18.40                  | 1:45.37     |    |
| 5                                    | L&C                     |       |                          | 7:04.08     | 28 |
|                                      | 1) Zachary Martin SO    |       | 2) Aidan Ringel JR       |             |    |
|                                      | 3) Michael Spicer SO    |       | 4) Micah Rysavy JR       |             |    |
|                                      | 23.66                   | 49.46 | 1:16.43                  | 1:44.02     |    |
|                                      | 24.39                   | 51.17 | 1:18.74                  | 1:46.19     |    |
|                                      | 24.26                   | 51.57 | 1:20.03                  | 1:48.53     |    |
|                                      | 23.67                   | 49.82 | 1:17.30                  | 1:45.34     |    |

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| (Event 3 Men 800 Yard Freestyle Relay) |               |                         |         |             |
|----------------------------------------|---------------|-------------------------|---------|-------------|
| Team                                   |               | Relay                   |         | Finals Time |
| 6                                      | PLU           |                         |         | 7:08.41 26  |
| 1) Hoskoo Amgalan FR                   |               | 2) Tyler Tanaka SO      |         |             |
| 3) Na'inoa Loo SR                      |               | 4) Devin Stanley SR     |         |             |
|                                        | 25.47 52.82   | 1:20.72                 | 1:48.73 |             |
|                                        | 23.45 50.13   | 1:17.54                 | 1:45.35 |             |
|                                        | 24.55 51.86   | 1:20.22                 | 1:48.42 |             |
|                                        | 24.25 50.63   | 1:18.00                 | 1:45.91 |             |
| 7                                      | WU            |                         |         | 7:11.67 24  |
| 1) Nicholas Moore FR                   |               | 2) Kevin Olmedo SO      |         |             |
| 3) Ethan Davies SO                     |               | 4) Will LaDuca SO       |         |             |
|                                        | 24.66 51.48   | 1:18.85                 | 1:45.58 |             |
|                                        | 23.24 50.52   | 1:19.43                 | 1:48.53 |             |
|                                        | 23.79 51.05   | 1:20.03                 | 1:48.28 |             |
|                                        | 24.83 51.98   | 1:20.03                 | 1:49.28 |             |
| 8                                      | GFU           |                         |         | 7:33.24 22  |
| 1) Owen Tonseth SO                     |               | 2) Strom Nordeng FR     |         |             |
| 3) Kaden Oprea FR                      |               | 4) Wyatt Greene FR      |         |             |
|                                        | 25.78 54.18   | 1:23.26                 | 1:52.46 |             |
|                                        | 25.12 53.54   | 1:23.67                 | 1:55.02 |             |
|                                        | 26.85 56.55   | 1:26.56                 | 1:56.28 |             |
|                                        | 23.92 51.45   | 1:20.39                 | 1:49.48 |             |
| 9                                      | PACI          |                         |         | 8:37.86 18  |
| 1) Warrick Bottai FR                   |               | 2) Conner Gates GS      |         |             |
| 3) Vinh Pham SR                        |               | 4) Capone Delgadillo FR |         |             |
|                                        | 27.56 58.52   | 1:32.26                 | 2:08.06 |             |
|                                        | 27.42 59.74   | 1:34.43                 | 2:09.42 |             |
|                                        | 28.44 1:01.98 | 1:40.42                 | 2:19.64 |             |
|                                        | 25.43 55.41   | 1:27.87                 | 2:00.74 |             |

| Event 4 Women 800 Yard Freestyle Relay |             |                      |         |             |
|----------------------------------------|-------------|----------------------|---------|-------------|
| Team                                   |             | Relay                |         | Finals Time |
| 1                                      | LIN         |                      |         | 7:50.83 40  |
| 1) Sarah Arpag SO                      |             | 2) Avery Campbell JR |         |             |
| 3) Kirsti Keppo SO                     |             | 4) Kalea Mullins JR  |         |             |
|                                        | 27.93 58.02 | 1:27.85              | 1:58.16 |             |
|                                        | 26.53 57.40 | 1:28.31              | 1:58.40 |             |
|                                        | 27.08 56.05 | 1:25.85              | 1:55.92 |             |
|                                        | 26.84 56.67 | 1:27.93              | 1:58.35 |             |
| 2                                      | WTMN        |                      |         | 7:51.25 34  |
| 1) Anneliese Hanson SO                 |             | 2) Josephine Piel SO |         |             |
| 3) Siena Hayes SO                      |             | 4) Erin McKinney SR  |         |             |
|                                        | 26.93 55.87 | 1:25.73              | 1:56.16 |             |
|                                        | 26.34 56.35 | 1:27.54              | 1:57.87 |             |
|                                        | 26.89 56.46 | 1:27.80              | 2:00.24 |             |
|                                        | 26.23 55.88 | 1:26.40              | 1:56.98 |             |
| 3                                      | UPS         |                      |         | 7:53.51 32  |
| 1) Madeleine Brennan SO                |             | 2) Annie Sullivan GS |         |             |
| 3) Holly Zipay SO                      |             | 4) Sara Guillen JR   |         |             |
|                                        | 27.70 57.24 | 1:26.48              | 1:55.51 |             |
|                                        | 27.65 57.80 | 1:28.34              | 1:58.64 |             |
|                                        | 26.83 58.23 | 1:31.08              | 2:04.70 |             |
|                                        | 25.97 55.21 | 1:25.03              | 1:54.66 |             |

|                        |               |                          |         |            |
|------------------------|---------------|--------------------------|---------|------------|
| 4                      | WHTW          |                          |         | 7:55.28 30 |
| 1) Makhaela Parrish FR |               | 2) Chamelle Abringe SO   |         |            |
| 3) Isabella Hoopes FR  |               | 4) Sarah Doncevic SR     |         |            |
|                        | 26.80 55.81   | 1:26.72                  | 1:57.83 |            |
|                        | 27.25 57.56   | 1:28.78                  | 2:00.41 |            |
|                        | 26.02 55.50   | 1:25.76                  | 1:55.95 |            |
|                        | 27.88 58.19   | 1:29.87                  | 2:01.09 |            |
| 5                      | PLU           |                          |         | 7:55.65 28 |
| 1) Jessica Ordaz SR    |               | 2) Sidney Chan-Orcutt SR |         |            |
| 3) Riley Maher FR      |               | 4) Emma Gassman FR       |         |            |
|                        | 27.18 56.31   | 1:25.23                  | 1:54.91 |            |
|                        | 27.39 58.65   | 1:30.45                  | 2:02.87 |            |
|                        | 27.98 58.53   | 1:28.97                  | 1:59.25 |            |
|                        | 26.83 57.41   | 1:28.75                  | 1:58.62 |            |
| 6                      | GFU           |                          |         | 8:00.95 26 |
| 1) Riley Parker FR     |               | 2) Laurel Knox SO        |         |            |
| 3) Britney Muralt SR   |               | 4) Jesse Urback FR       |         |            |
|                        | 26.81 56.89   | 1:28.15                  | 1:58.92 |            |
|                        | 26.57 57.53   | 1:29.44                  | 2:01.00 |            |
|                        | 27.23 57.03   | 1:27.79                  | 1:59.29 |            |
|                        | 26.88 57.21   | 1:29.53                  | 2:01.74 |            |
| 7                      | WU            |                          |         | 8:07.67 24 |
| 1) Alayna Kisiday JR   |               | 2) Tessa Ciatti FR       |         |            |
| 3) Jacqueline Hall JR  |               | 4) Sarah Jenner JR       |         |            |
|                        | 27.51 57.32   | 1:27.77                  | 1:59.56 |            |
|                        | 28.11 59.60   | 1:30.72                  | 2:02.11 |            |
|                        | 27.70 58.73   | 1:30.88                  | 2:03.01 |            |
|                        | 27.31 58.65   | 1:30.76                  | 2:02.99 |            |
| 8                      | L&C           |                          |         | 8:40.06 22 |
| 1) Ella Stephan JR     |               | 2) Dahlia Linkow FR      |         |            |
| 3) Jane Tewinkel SO    |               | 4) Sophie Justus FR      |         |            |
|                        | 29.61 1:02.29 | 1:35.95                  | 2:09.18 |            |
|                        | 28.92 1:01.17 | 1:36.22                  | 2:11.02 |            |
|                        | 30.56 1:03.02 | 1:35.53                  | 2:08.43 |            |
|                        | 30.23 1:04.08 | 1:38.53                  | 2:11.43 |            |
| 9                      | PACI          |                          |         | 8:45.17 18 |
| 1) Allie Simon SR      |               | 2) Anne-marie Jacobs JR  |         |            |
| 3) Maddie Russell SR   |               | 4) Dahlia Leighton SO    |         |            |
|                        | 28.07 59.28   | 1:32.16                  | 2:05.29 |            |
|                        | 28.73 1:01.94 | 1:36.38                  | 2:10.16 |            |
|                        | 30.08 1:04.47 | 1:40.28                  | 2:16.21 |            |
|                        | 28.99 1:01.81 | 1:37.38                  | 2:13.51 |            |

| Scores - Women                          |                                   |
|-----------------------------------------|-----------------------------------|
| Women - Team Rankings - Through Event 4 |                                   |
| 1.                                      | Linfield University 80            |
| 2.                                      | University of Puget Sound 64      |
| 2.                                      | Whitman College 64                |
| 4.                                      | Pacific Lutheran University 62    |
| 5.                                      | George Fox University 52          |
| 5.                                      | Willamette University Swimming 52 |
| 7.                                      | Lewis & Clark College 46          |
| 8.                                      | Pacific University Oregon 40      |
| 9.                                      | Whitworth University Swim Team 30 |

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Scores - Men

| Men - Team Rankings - Through Event 4 |    |
|---------------------------------------|----|
| 1. Whitworth University Swim Team     | 74 |
| 2. University of Puget Sound          | 70 |
| 3. Linfield University                | 64 |
| 3. Whitman College                    | 64 |
| 5. Pacific Lutheran University        | 54 |
| 6. Lewis & Clark College              | 50 |
| 6. Willamette University Swimming     | 50 |
| 8. George Fox University              | 46 |
| 9. Pacific University Oregon          | 36 |