

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Women 5000 Meter Run**

Name	Year School	Finals
Section 1		
1 King-Shaw, Samantha	Washington St.	18:17.02
2 Vitale-Sullivan, Molly	College of Idaho	18:20.06
3 Richards, Pia	Washington St.	18:36.33
4 Wallace, Serena	Pacific (Ore.)	18:46.84
5 Schut, Kaitlyn	College of Idaho	18:47.76
6 McNerney, Sedona	Seattle Pacific	18:51.51
7 Moyer, Erin	College of Idaho	19:17.12
8 Diaz, McKenzie	Seattle Pacific	19:55.62
9 Evans, Emily	Willamette	20:10.45
10 Shutz, Risa	Willamette	20:53.15

**Women 4x800 Meter Relay**

School	Finals
1 Lewis-Clark 'A'	9:45.62
1) Johnson, Callie	2) Borrego, Dallas
3) Brown, Rylee	4) Saxton, Rebecca

**Women Pole Vault**

Meet Record: \* 4.20m 2005 Ebbie Metzinger, Unattached

Name	Year School	Finals
Flight 1		
1 Brown, Kristen	Unattached	4.30m* 14-01.25
2 Scharmman, Molly	Washington St.	4.00m 13-01.50
3 McDaniel, Olivia	Unattached	3.90m 12-09.50
4 Coombs, Emily	Washington St.	J3.90m 12-09.50
5 Frost, Katelyn	Washington St.	3.80m 12-05.50
6 Irvine, Halle	Central Washington	3.70m 12-01.50
7 Carson, Madison	Lewis-Clark	3.45m 11-03.75
8 Beavers, Tayla	Washington St.	J3.45m 11-03.75
9 Licari, Madison	Seattle Pacific	J3.45m 11-03.75
10 Angier, Meg	Linfield	3.30m 10-10.00
11 Galli, Joanna	Linfield	J3.30m 10-10.00
12 Eiswald, Erin	Central Washington	3.15m 10-04.00
13 Webb, Katie	Unattached	J3.15m 10-04.00
13 Lambert, Emma	Seattle Pacific	J3.15m 10-04.00
15 Blankenship, Tawni	Central Washington	J3.15m 10-04.00
16 Stevens, Brittany	Central Washington	3.00m 9-10.00
-- Otto von Askervold, Kend	Central Washington	NH
-- Wyatt, Kayla	Central Washington	NH
-- Kahaloha-Young, Aaliyah	Linfield	NH
-- Roberts, Jessie	Multnomah	NH

**Women Triple Jump**

Meet Record: \* 12.92m 2018 Kiana Davis, Unattached

Name	Year School	Finals
1 Skalskily, Whitnee	UNAT-Spokane CC	10.72m 35-02.00

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019**

**Pullman, Washington**

**Results - Friday**

**...Women Triple Jump**

2	Golba, Nicole	Seattle U.	10.63m	34-10.50
3	Sawyer, Carlie	UNAT-Spokane CC	10.47m	34-04.25
4	Heyman, Sophia	Seattle U.	10.36m	34-00.00
5	Carter, Sydney	Central Washington	9.96m	32-08.25
--	Taylor, Jillyan	Central Washington	FOUL	
--	Kaylor, Monica	UNAT-Spokane CC	FOUL	
--	Drader, Meghan	Western Oregon	FOUL	

Flight 2

1	Igbonagwam, Peace	Seattle Pacific	11.16m	36-07.50
2	Hoiland, Jenna	Pacific (Ore.)	11.12m	36-05.75
3	Welk, Bayley	UNAT-Spokane CC	11.05m	36-03.00
4	Popchock, Anna	Western Oregon	10.96m	35-11.50
5	Warren, Kayla	Unattached	10.76m	35-03.75
--	Walts, Rose	Central Washington	FOUL	
--	Williams, Brooke	Central Washington	FOUL	

**Women Weight Throw**

Meet Record: \* 18.28m 2014 Kaytlyn Coleman, Lewis-Clark St.

Name	Year	School	Finals
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Flight 1

1	Duenas, Hope	Willamette	14.04m	46-00.75
2	Korff, Halie	Western Oregon	13.26m	43-06.00
3	Dodge, Brittany	Central Washington	13.12m	43-00.50
4	Beer, Kaylee	Providence (	12.76m	41-10.50
5	Nash, Kristen	Providence (	11.52m	37-09.50
6	Tresselt, Jami	Seattle U.	11.09m	36-04.75
7	Lombard-Chappell, Sayana	Central Washington	10.90m	35-09.25
8	Fajer, Sarah	Multnomah	10.59m	34-09.00
9	DeZurney, Jeidah	Willamette	10.40m	34-01.50
10	Sova, Tallia	Seattle U.	10.16m	33-04.00
11	Salavea, Nini	Central Washington	9.93m	32-07.00
12	Snyder, Hannah	Multnomah	8.26m	27-01.25
13	Guerrero, Vanessa	Warner Pacif	7.44m	24-05.00
--	France, Brooke	Pacific (Ore.)	FOUL	

Flight 2

1	Martin, Aoife	Washington St.	17.18m	56-04.50
2	Gronbach, Mariah	Western Oregon	15.91m	52-02.50
3	Bell, Stacia	Washington St.	15.77m	51-09.00
4	La Rue, Samantha	Central Washington	15.72m	51-07.00
5	Sanchez, Jillian	Providence (	14.74m	48-04.50
6	Tukuafu, Lovely	Washington St.	14.67m	48-01.75
7	Smallbeck, Meagan	Central Washington	14.07m	46-02.00
8	Gianotti, Moana	Western Oregon	13.79m	45-03.00
9	Kraemer, Amy	Washington St.	13.71m	44-11.75
10	Krouse, Kaitlin	Washington St.	13.20m	43-03.75
11	Jones, Mariah	Central Washington	12.81m	42-00.50
12	Warren, Delaney	Lewis-Clark	10.70m	35-01.25

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Indoor Pentathlon: #5 Women 800 Meter Run**

Name	Year School	Finals	Points
Section 1			
1 Sapp, Jenny	Lewis-Clark	2:23.66	774
2 Trinidad, Sidney	Central Washington	2:24.83	759
3 Cai, Scout	Seattle Pacific	2:26.55	737
4 Ortega, HarLee	Central Washington	2:27.17	729
5 Schauble, Lindsey	Washington St.	2:28.07	717
6 Clark, Isabel	Whitworth	2:29.33	701
7 Collins, Katie	Central Washington	2:29.36	701
8 Meyer, Renick	Seattle Pacific	2:33.33	652
9 Shirley, Maddie	Linfield	2:36.78	610
10 May, Kellie	Seattle Pacific	2:37.65	600
11 Hoiland, Jenna	Pacific (Ore.)	2:57.03	393
12 Wilson, Darian	Western Oregon	2:57.29	391
-- Swilley, Alissa	George Fox	DNF	

**Indoor Pentathlon: #1 Women 60 Meter Hurdles**

Name	Year School	Finals	Points
1 Swilley, Alissa	George Fox	9.58	792
2 Wilson, Darian	Western Oregon	9.66	777
3 Shirley, Maddie	Linfield	9.73	763
4 Collins, Katie	Central Washington	9.91	729
5 Hoiland, Jenna	Pacific (Ore.)	10.11	692
Section 2			
1 Meyer, Renick	Seattle Pacific	8.77	959
2 Trinidad, Sidney	Central Washington	9.16	877
3 Ortega, HarLee	Central Washington	9.19	871
4 Clark, Isabel	Whitworth	9.28	852
5 Schauble, Lindsey	Washington St.	9.36	836
6 Sapp, Jenny	Lewis-Clark	9.41	826
7 Cai, Scout	Seattle Pacific	9.47	814
8 May, Kellie	Seattle Pacific	9.61	787

**Indoor Pentathlon: #2 Women High Jump**

Name	Year School	Finals	Points
Flight 1			
1 Ortega, HarLee	Central Washington	1.62m	5-03.75 759
1 Schauble, Lindsey	Washington St.	1.62m	5-03.75 759
1 Cai, Scout	Seattle Pacific	1.62m	5-03.75 759
4 Collins, Katie	Central Washington	1.50m	4-11.00 621
4 Shirley, Maddie	Linfield	1.50m	4-11.00 621
6 Sapp, Jenny	Lewis-Clark	1.44m	4-08.75 555
7 Wilson, Darian	Western Oregon	1.41m	4-07.50 523
7 May, Kellie	Seattle Pacific	1.41m	4-07.50 523
7 Meyer, Renick	Seattle Pacific	1.41m	4-07.50 523
7 Clark, Isabel	Whitworth	1.41m	4-07.50 523
7 Trinidad, Sidney	Central Washington	1.41m	4-07.50 523
12 Swilley, Alissa	George Fox	1.38m	4-06.25 491
13 Hoiland, Jenna	Pacific (Ore.)	1.32m	4-04.00 429

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Indoor Pentathlon: #4 Women Long Jump**

Name	Year School	Finals	Points
1 Ortega, HarLee	Central Washington	5.48m 17-11.75	694
2 May, Kellie	Seattle Pacific	5.47m 17-11.50	691
3 Schauble, Lindsey	Washington St.	5.44m 17-10.25	683
4 Meyer, Renick	Seattle Pacific	5.42m 17-09.50	677
5 Cai, Scout	Seattle Pacific	5.35m 17-06.75	657
6 Shirley, Maddie	Linfield	5.28m 17-04.00	637
7 Swilley, Alissa	George Fox	5.13m 16-10.00	595
8 Hoiland, Jenna	Pacific (Ore.)	5.07m 16-07.75	578
9 Wilson, Darian	Western Oregon	5.06m 16-07.25	576
10 Trinidad, Sidney	Central Washington	4.96m 16-03.25	548
11 Clark, Isabel	Whitworth	4.95m 16-03.00	546
12 Sapp, Jenny	Lewis-Clark	4.85m 15-11.00	519
13 Collins, Katie	Central Washington	4.32m 14-02.25	384

**Indoor Pentathlon: #3 Women Shot Put**

Name	Year School	Finals	Points
1 Clark, Isabel	Whitworth	11.66m 38-03.25	639
2 Schauble, Lindsey	Washington St.	11.45m 37-06.75	625
3 Ortega, HarLee	Central Washington	11.05m 36-03.00	598
4 Shirley, Maddie	Linfield	10.62m 34-10.25	570
5 Cai, Scout	Seattle Pacific	10.61m 34-09.75	569
6 Swilley, Alissa	George Fox	10.49m 34-05.00	562
7 May, Kellie	Seattle Pacific	10.38m 34-00.75	554
8 Hoiland, Jenna	Pacific (Ore.)	10.31m 33-10.00	550
9 Wilson, Darian	Western Oregon	9.65m 31-08.00	507
10 Meyer, Renick	Seattle Pacific	9.45m 31-00.00	494
11 Sapp, Jenny	Lewis-Clark	8.79m 28-10.25	451
12 Collins, Katie	Central Washington	8.48m 27-10.00	430
13 Trinidad, Sidney	Central Washington	6.77m 22-02.50	320

**Men 5000 Meter Run**

Name	Year School	Finals
Section 1		
1 Olsen, Cole	Lewis-Clark	15:11.85
2 Galloway, Shad	Seattle Pacific	15:53.79
3 Boutin, Colin	Seattle Pacific	15:56.66
4 Jones, Peyton	Unattached	15:56.85
5 Cervantes, Marcos	College of Idaho	15:56.96
6 Putney, Jared	Seattle Pacific	16:00.40
7 Campbell, Cole	College of Idaho	16:03.58
8 Stewart, Riley	Pacific (Ore.)	16:13.15
9 Perkins, Joseph	Seattle Pacific	16:25.39
10 Slenning, Nick	Pacific (Ore.)	16:34.94
11 Comer, Brian	Multnomah	16:37.23
12 McGee, Conor	Providence (	16:47.32
13 Larabee, Daniel	Multnomah	17:04.66
14 Bulger, Kellen	Willamette	17:22.01

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Men 4x800 Meter Relay**

School	Finals
1 College of Idaho 'A'	8:03.47
1) Tracy, Collin	2) Thomas, Derek
3) Frey, Josh	4) Odegard, Bryce

**Men Triple Jump**

Meet Record: * 15.98m 2012 Stephan Scott-Ellis, WSU				
Name	Year	School	Finals	
Flight 1				
1 Flores, Robby		Washington St.	14.44m	47-04.50
2 Whittaker, Zach		Central Washington	14.26m	46-09.50
3 Newby, Silas		Seattle Pacific	12.64m	41-05.75
4 Claiborne, Kailan		Seattle U.	12.39m	40-07.75
5 Jones, Keegan		Pacific (Ore.)	12.34m	40-06.00
-- Evenson, Brevin		Unattached		FOUL
-- Slack, Ryan		UNAT-Spokane CC		FOUL

**Men Weight Throw**

Meet Record: * 21.26m 2007 Matthew Wauters, Idaho				
Name	Year	School	Finals	
Flight 1				
1 Duvall, Jacob		Pacific (Ore.)	15.06m	49-05.00
2 Collins, Owen		Western Oregon	14.35m	47-01.00
3 Swan, Saige		Willamette	14.15m	46-05.25
4 Draper, Jason		Pacific (Ore.)	13.77m	45-02.25
5 Ciari, Peter		Puget Sound	12.46m	40-10.50
6 Atencio, Jaycob		Lewis-Clark	11.80m	38-08.75
7 Silverthorn, Mark		Unattached	11.66m	38-03.25
8 Wright, David		Pacific (Ore.)	11.06m	36-03.50
9 Cairns, Kolten		UNAT-Spokane CC	9.92m	32-06.50
10 Jackson, Grant		Linfield	8.72m	28-07.50
11 Heidari, Daniel		Puget Sound	7.53m	24-08.50
-- Munyon, Marty		UNAT-Spokane CC		FOUL
Flight 2				
1 Brown, Amani		Unattached	18.83m	61-09.50
2 Cain, Aidan		Central Washington	17.77m	58-03.75
3 Hurst, Silas		Washington St.	16.37m	53-08.50
4 Hubbard, Jacob		Whitworth	16.27m	53-04.50
5 Tonder, Ethan		Central Washington	15.27m	50-01.25
6 Collins, Karsten		Western Oregon	15.12m	49-07.25
7 Child, Mont		Western Oregon	15.10m	49-06.50
8 Boos, Zebadiah		Providence (	14.82m	48-07.50
9 Cole, Sam		Western Oregon	13.89m	45-07.00
10 Anderton, Brandon		UNAT-Spokane CC	13.61m	44-08.00
11 Brauchler, Jake		Warner Pacif	11.99m	39-04.00
-- Metcalf, Matt		Linfield		FOUL

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Heptathlon: #1 Men 60 Meter Dash**

Name	Year School	Finals	Points
Section 1			
1 Thieme, Falk	Lewis-Clark	7.50	713
2 Lanning, Owen	Lewis-Clark	7.64	668
3 Morse, Alixander	Lewis-Clark	7.70	650
4 Griswold, Nate	College of Idaho	7.86	601
5 Brown, Caleb	College of Idaho	7.97	568
Section 2			
1 Landis, Kodiak	Central Washington	7.00	882
2 Littles, Ray	Washington St.	7.02	875
3 Forster, Michael	Central Washington	7.32	772
3 Simonson, Luke	UNAT-Spokane CC	7.32	772
5 Wood, Keaton	Linfield	7.34	765
6 McGill, Nicholas	Whitworth	7.40	745
7 Caldwell, Kendrik	College of Idaho	7.45	729

**Heptathlon: #4 Men High Jump**

Name	Year School	Finals	Points
Flight 1			
1 Brown, Caleb	College of Idaho	1.95m	6-04.75 758
2 McGill, Nicholas	Whitworth	1.92m	6-03.50 731
3 Simonson, Luke	UNAT-Spokane CC	1.83m	6-00.00 653
3 Griswold, Nate	College of Idaho	1.83m	6-00.00 653
5 Littles, Ray	Washington St.	1.80m	5-10.75 627
5 Wood, Keaton	Linfield	1.80m	5-10.75 627
7 Morse, Alixander	Lewis-Clark	1.77m	5-09.75 602
8 Landis, Kodiak	Central Washington	1.74m	5-08.50 577
8 Forster, Michael	Central Washington	1.74m	5-08.50 577
8 Lanning, Owen	Lewis-Clark	1.74m	5-08.50 577
11 Caldwell, Kendrik	College of Idaho	1.71m	5-07.25 552

**Heptathlon: #2 Men Long Jump**

Name	Year School	Finals	Points
1 Simonson, Luke	UNAT-Spokane CC	6.86m	22-06.25 781
2 Landis, Kodiak	Central Washington	6.84m	22-05.25 776
3 Forster, Michael	Central Washington	6.49m	21-03.50 695
4 Littles, Ray	Washington St.	6.45m	21-02.00 686
5 Caldwell, Kendrik	College of Idaho	6.38m	20-11.25 670
6 Wood, Keaton	Linfield	6.31m	20-08.50 655
7 Lanning, Owen	Lewis-Clark	6.30m	20-08.00 652
8 McGill, Nicholas	Whitworth	6.25m	20-06.25 641
9 Morse, Alixander	Lewis-Clark	6.02m	19-09.00 591
10 Griswold, Nate	College of Idaho	5.91m	19-04.75 567
11 Brown, Caleb	College of Idaho	5.43m	17-09.75 467
-- Thieme, Falk	Lewis-Clark	FOUL	

**Cougar Indoor Invitational - 2/1/2019 to 2/2/2019****Pullman, Washington****Results - Friday****Heptathlon: #3 Men Shot Put**

Name	Year School	Finals	Points
1 McGill, Nicholas	Whitworth	12.73m 41-09.25	651
2 Littles, Ray	Washington St.	12.34m 40-06.00	627
3 Landis, Kodiak	Central Washington	12.31m 40-04.75	625
4 Forster, Michael	Central Washington	11.91m 39-01.00	601
5 Brown, Caleb	College of Idaho	10.68m 35-00.50	527
6 Wood, Keaton	Linfield	10.09m 33-01.25	491
7 Simonson, Luke	UNAT-Spokane CC	9.71m 31-10.25	468
8 Lanning, Owen	Lewis-Clark	9.39m 30-09.75	449
9 Griswold, Nate	College of Idaho	8.84m 29-00.00	416
10 Morse, Alixander	Lewis-Clark	8.62m 28-03.50	403
11 Caldwell, Kendrik	College of Idaho	8.19m 26-10.50	378